



WELCOME

- P1. Staying Optimistic
Student Loan
- P2. Year of the Nurse
Staying Emotionally Well
Home Loan
Mobile App
Christmas Club
Boat Loan

STAYING OPTIMISTIC

The COVID-19 pandemic is challenging us in ways we could never have predicted just a few months ago: from unprecedented amounts of family time, to homeschooling, to working remotely — or not working at all. These sudden, rapid changes in the way we live, coupled with uncertainty, can feel overwhelming. We want to encourage you to stay optimistic. It will not be this way forever. This is a difficult time, but it is just that — a time. It may be tough right now, but consider the things you have managed really well. Think about the physical, logistical, mental, and emotional struggles you may have encountered in the last month and the good — even great — way you approached and handled those challenges. Go you! Remind yourself of what is good in your life. Some circumstances right now may be hard to change or contribute to your feeling helpless, but there are other things in your life that are good and inspire gratitude. Making a list of the good things that you appreciate — large or small — can help shift your focus in a positive direction. Do your best and let go of the rest.

Home Equity Line of Credit

.....
Debt Consolidation is

cool.



STUDENT LOANS

Ohio HealthCare Federal Credit Union is here to help you follow your dreams! With Sallie Mae®, you are able to view a variety of options, and choose the loan that just right for you.

Learn more:
<https://bit.ly/2zFBS1G>

Choose the Student Loan that's right

for you

with Sallie Mae®.



Year of the Nurse.



You are our Heroes.



Find your

Home.

With a new home loan.



STAYING EMOTIONALLY WELL

Though there's much about the coronavirus outbreak over which you have no control, you can choose to embrace the kinds of practices that will keep you and your loved ones safe. You can choose how you will receive and consume information about the outbreak. In the midst of a stressful season or situation, many self-care practices are the same ones that prove helpful in everyday living:

- Maintain your normal routines
- Connect with family and friends
- Eat well and stay active
- Get adequate rest
- Do enjoyable activities; and
- Employ coping skills that nurture your spirit, like mindfulness exercises, or prayer

While it feels like there is a lot we can't control amidst concerns over the coronavirus, every one of us can make choices to stay emotionally healthy.



Try out our mobile deposit feature on our app!

Believe you can, and you're halfway there.
-Theodore Roosevelt

HOLIDAY CLOSURE

Independence Day - Saturday, July 4
Labor Day - Monday, September 7



No more waiting until the last minute to budget for the holidays. Save year-round when you open a Christmas Club Account.

Know that Christmas will be

green
and bright.



Anchors aweigh!

Check out our boat loans today!



Central Ohio
3955 W Dublin Granville
Dublin, OH 43017

Grant
363 E Town Street
Columbus, OH 43215

Riverside Branch
3545 Olentangy River Rd., Suite 110
Columbus, OH 43214

Akron
1174 Battles Ave.
Akron, OH 44314